

Troop 50 Backpacking List

Personal Equipment

Packing

Check/Double Check

- ___ ___ Pack with padded hip belt
- ___ ___ Pack cover – waterproof (can be large garbage bag)
- ___ ___ 6-12 1-gallon Zip lock bags (to pack clothes)

Sleeping

- ___ ___ Sleeping bag with stuff sack (at least 20 degree)
- ___ ___ Sleep clothes – worn only in sleeping bag (t-shirt + gym shorts)
- ___ ___ 6 Straps to hold sleeping bag to pack (if external frame)
- ___ ___ Sleeping pad (closed foam or Thermo-rest style)

Clothing

Layer A (Hiking clothes)

- ___ ___ Light hiking boots – well broken in
- ___ ___ Lightweight sneakers
- ___ ___ 1-2 pair wool hiking socks
- ___ ___ 1-2 pair of sock liners
- ___ ___ 2 changes of underwear (unless using shorts with mesh)
- ___ ___ 2 hiking shorts (preferably with mesh liners)
- ___ ___ 2 short sleeve shirts (not nylon)
- ___ ___ 1 hat – flexible with brim

Layer B (cool evening)

- ___ ___ 1 long sleeve shirt (wool or acrylic)
- ___ ___ 1 pair of long pants (lightweight, NOT cotton, or the legs if you have zip off shorts)
- ___ ___ 1 pair of insulated underwear (may be used as sleeping clothes)

Layer C (cold)

- ___ ___ 1 sweater, light coat, or poly-fleece (no cotton)
- ___ ___ 1 stocking hat (wool or poly/poly-fleece)
- ___ ___ 1 pair glove liners or mittens

Layer D (cold, wet, windy)

- ___ ___ 1 Rain-suit (lightweight)

Eating

- ___ ___ Bowl
- ___ ___ Cup
- ___ ___ Spoon
- ___ ___ 2 one-quart water bottles

Personal and Miscellaneous

- ___ ___ Small pocketknife
- ___ ___ Matches or lighter in waterproof container
- ___ ___ Flashlight, small with extra batteries/bulbs
- ___ ___ Compass
- ___ ___ 2 bandanas
- ___ ___ Lip Balm w/ SPF25 sunscreen
- ___ ___ Soap, biodegradable
- ___ ___ Toothbrush
- ___ ___ Toothpaste
- ___ ___ Small towel
- ___ ___ Ditty bag (or Zip-loc bag) for personal items in Bear bag

Optional

- ___ ___ Camera and film
- ___ ___ Whistle
- ___ ___ Watch (inexpensive)
- ___ ___ Rubber bands
- ___ ___ Note pad and pencil/journal
- ___ ___ Daypack

Crew Gear (to be divided among Crew members/patrol)

- ___ ___ Dining fly
- ___ ___ 2 fly poles
- ___ ___ Tent
- ___ ___ Ground cloth
- ___ ___ Space blanket
- ___ ___ 2 Cook pots
- ___ ___ 1 cook spoon
- ___ ___ 1 pair hot pot tongs
- ___ ___ Camp shovel
- ___ ___ Trash bags
- ___ ___ Dishwashing soap (biodegradable)
- ___ ___ Scrub pads
- ___ ___ Water purification (Polar Pure)
- ___ ___ Water Filter
- ___ ___ 150 foot of nylon rope
- ___ ___ 2 bear bags
- ___ ___ Frisbee
- ___ ___ Toilet paper
- ___ ___ Sewing kit
- ___ ___ 1 backpacking stove
- ___ ___ one-quart fuel containers
- ___ ___ First-aid kit
- ___ ___ small roll of Duct tape
- ___ ___ Spices
- ___ ___ Insect repellent
- ___ ___ Metal Tent pins